### Monarch Waystations: An Easy Way to Help All Pollinators





Tom D. Landis
Retired US Forest Service
Nursery Specialist



#### Monarchs & Milkweeds Workshops



This is Workshop No. 94
Furthest away was Manchester, England

# The Bad News — Decline of Pollinators All Over the World

Newsweek

**TECH & SCIENCE** 

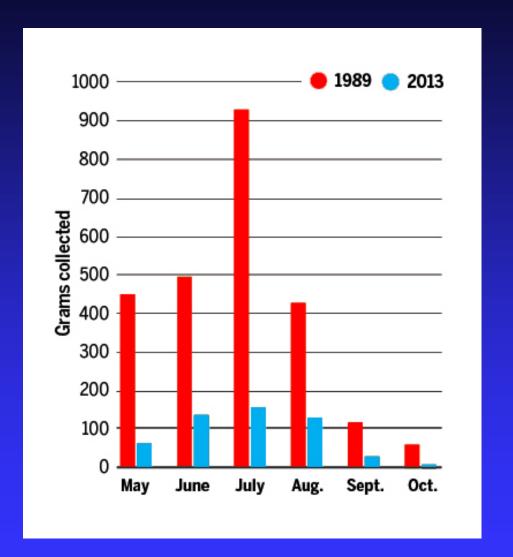
40 PERCENT OF INVERTEBRATE POLLINATORS FACE EXTINCTION ACROSS THE GLOBE

Bees & Butterflies are especially threatened



#### Where Have All the Insects Gone?

Entomologists call this the "Windshield Phenomenon"



http://www.sciencemag.org/news/2017/05/where-have-all-insects-gone

### The Good News – Creating Pollinator Habitat Works!





**January 1, 2016:** 

Tagged monarch from Coyote Trails

Nature Center in Medford

Was Found in Bolinas, CA



### The Good News - Creating Pollinator Habitat Works!





62 Monarch Eggs & Caterpillars Found in 2017 in Monarch Waystation at Hanley Farm in Central Point

### Why Monarchs?



- Iconic Most Well-Known Butterfly in the World
- A Tropical Butterfly that has Adapted to a Wide Range through Migration
- ➤ Monarch Butterflies Weigh 0.02 oz (0.5 g) Half the Weight of a Paper Clip
- They can fly over 40 miles per day & migrate 1,000 to 2,000 miles to overwinter

### What's So Special about Monarchs?



### Charismatic Megafauna





CELEBRITY PICKS

#### Charismatic Microfauna



Monarchs
Seem to
Have a
Sense of
Humor

















#### Advocates for Idaho Monarchs

@monarchsldaho

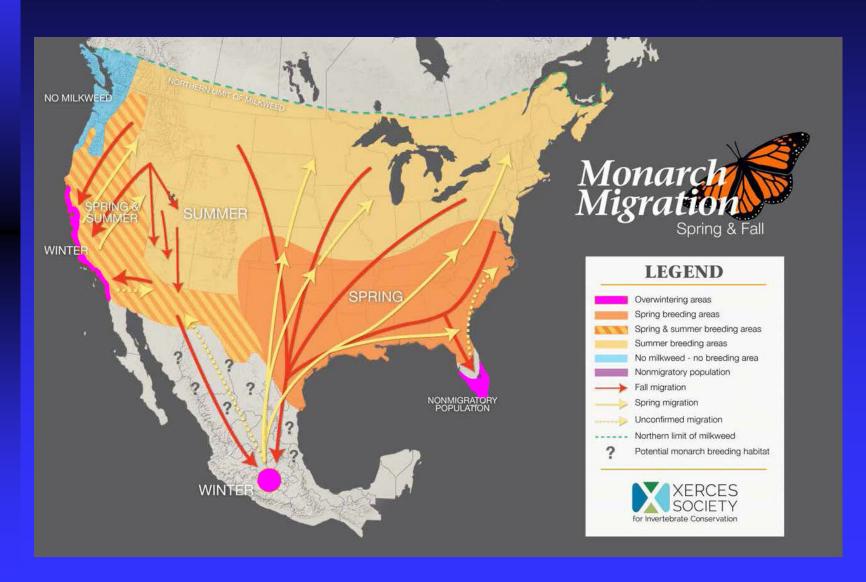
Local research, citizen science, community outreach

### Why Should We Care? The Mystery & Magic of Monarchs

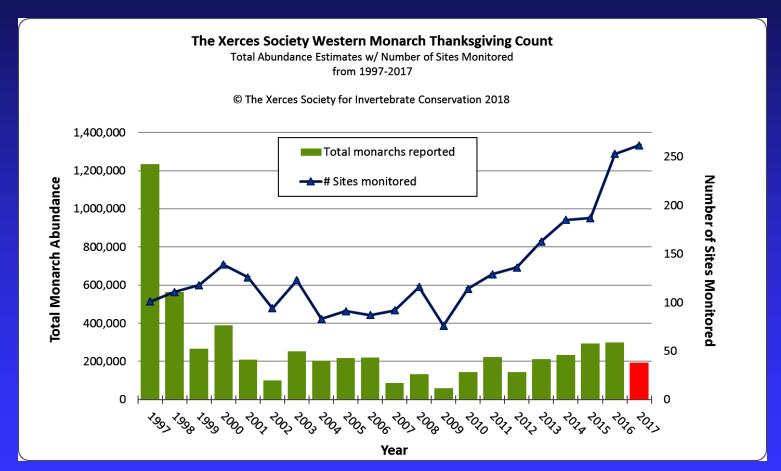


Does Everything Always Have to Relate Back to Human Benefits?

### Eastern Monarchs Overwinter in Mexico Western Monarchs on California Coast



### Western Monarch Butterfly Population Crash



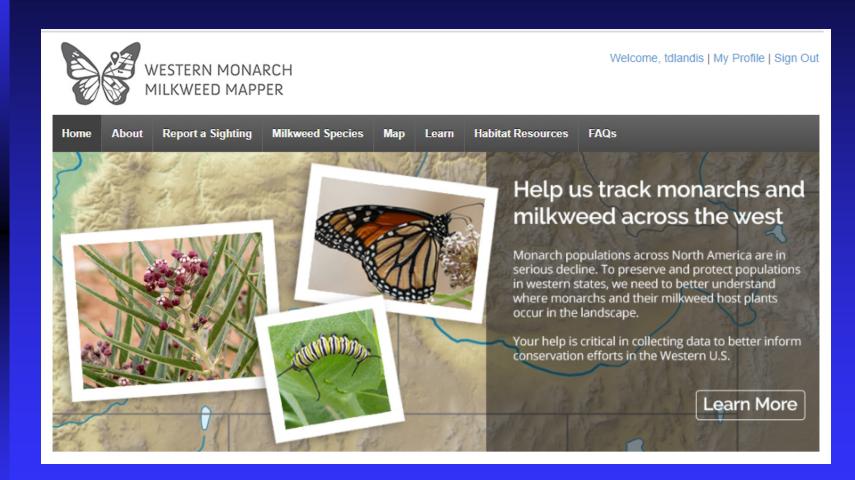
In spite of increased effort, populations levels are down

## Monarch Activity for Early 2018 is Worrisome



Year	Number of eggs & caterpillars Found by July 21st
2016	57
2017	24
2018	8

#### Citizen Science for Helping Monarchs



https://www.monarchmilkweedmapper.org/

### Multiple Monarch Generations per Year



First Generation: March/April: Eggs laid by females after overwintering.

Total lifespan = 6 to 10 weeks



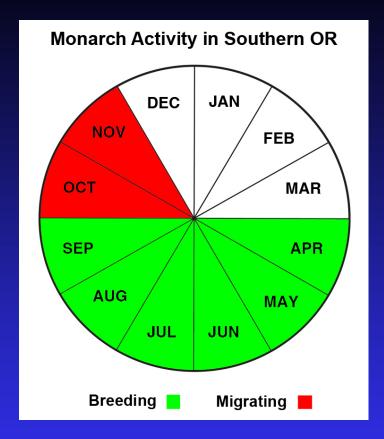
**2. May/June**: Total lifespan = 6 to 10 weeks



**3. July/August**: Total lifespan = 6 to 10 weeks



**4. Sept/March** (**Super Generation**): Total lifespan = 6 to 7 months

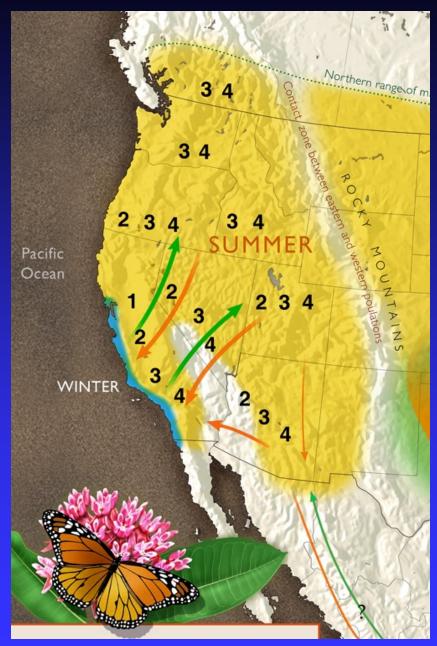


Facebook:

Monarch Butterflies

in the Pacific

Northwest



### Tracking Monarch Migrations



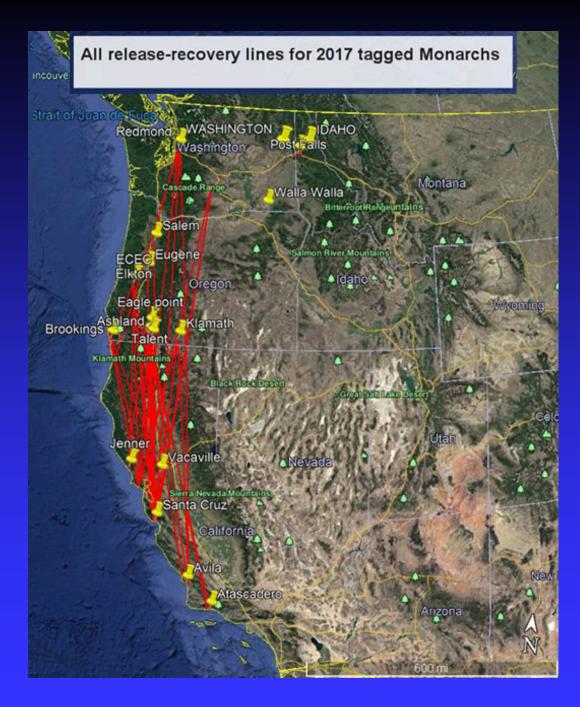


- Sticky Tags Affixed to Lower Wing
- Reports will help us understand monarch migration patterns

To Date: 1.1 Million Monarch Tagged in Eastern US, but only 1% Recovered in Mexico

Tagging
Results for
Western
Monarchs
in 2017

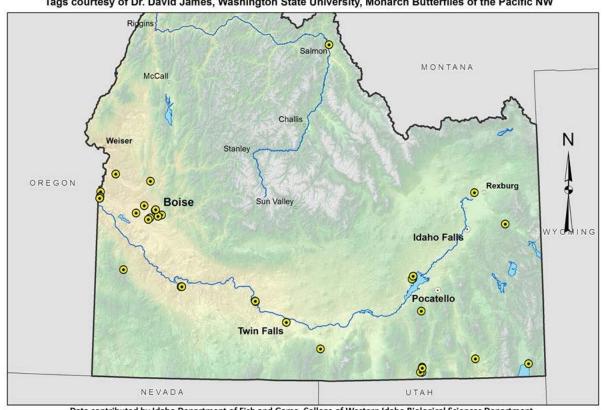
Courtesy of Dr. David James



### AIM Tagging Efforts in 2017

#### Monarch Butterfly Tagging Locations in Idaho 2017

Tags courtesy of Dr. David James, Washington State University, Monarch Butterflies of the Pacific NW



Data contributed by Idaho Department of Fish and Game, College of Western Idaho Biological Sciences Department, US Fish & Wildlife Service Idaho Fish & Wildlife Office, Caribou-Targhee National Forest, and many volunteers

#### Only 1 Idaho Monarch Has Been Found in CA

### Causes for Population Crash of Monarch Butterflies

- ✓ Overwinter Habitat

  Loss
- **✓** Breeding Habitat Loss
- ✓ Diseases, parasites & predation
- ✓ Climate Change
- ✓ Pesticide Use



(Commission for Environmental Cooperation, 2008)

### Loss of Monarch Breeding Habitat in the Pacific Northwest



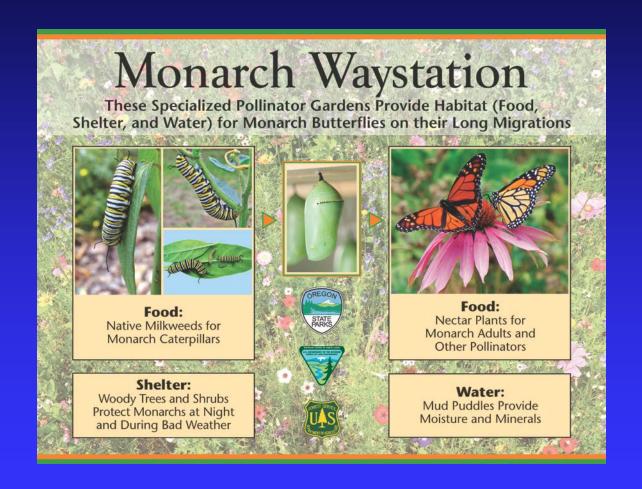




Mowing, Spraying, and Invasive Weed Competition Are the Major Culprits

### Create Habitat along Migration Routes

- A Milkweed Railroad for Monarchs



Habitat = Food, Shelter & Water

### Two Types of Monarch Waystations

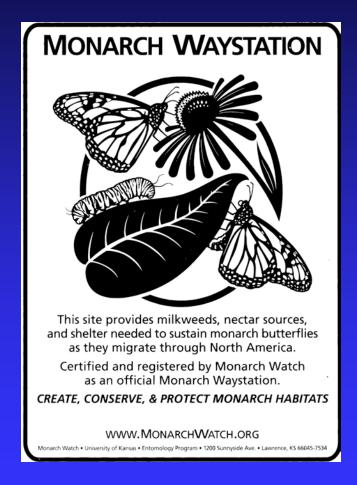




Backyard Gardens – Use Native or Introduced Plants

Natural Areas – Use Only Native Plants

### Please Register Your Waystation with Monarch Watch

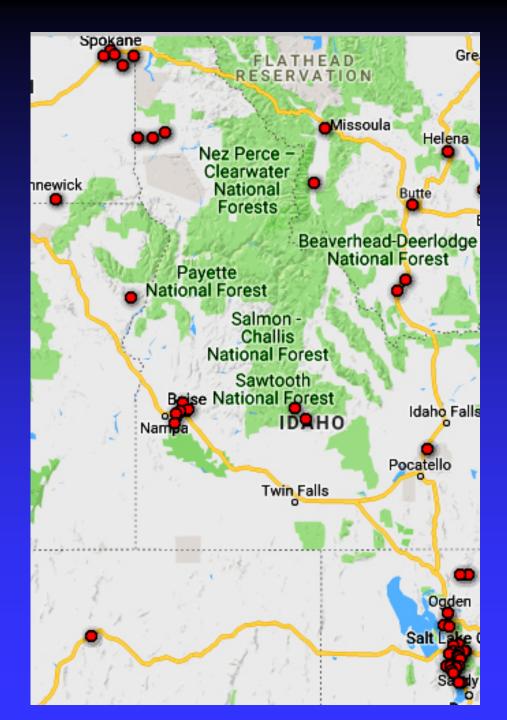


State	Dec. 2013	Jan. 2018
CA	359	1,172
OR	15	112
WA	10	31
ID	2	11
NV	6	24
UT	7	23
AZ	37	177

Website: http://www.monarchwatch.org/waystations/

Registered
Monarch
Waystations
Around
Boise, ID

20,493 Monarch Waystations Internationally



#### 1a. Food: Nectar Plants

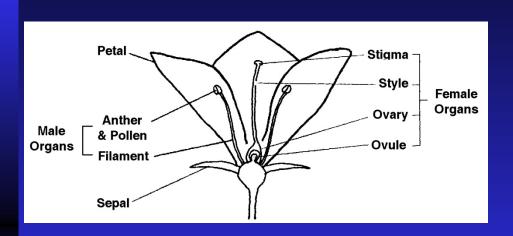
Adult Butterflies Get Sugar from the Nectar in Flowers





- Sugar Content of Nectar Ranges from 8% to 50%
- Nectar also Contains Vitamins, Oils & Amino acids

### All Plants Have Pollen, But Not All Plants Have Nectar





**Pollen:** small powdery particles produced by anthers (male flower organs) that is carried by pollinators to fertilize the female flower organs and produce seeds. Pollen provides vital protein and fats; honey bees use it to make bee bread.

**Nectar:** sugary substance, produced by **some** plants to attract pollinators (bees, butterflies and hummingbirds). Sugar is metabolized for energy or stored as fats.

### All Plants Have Pollen, But Not All Plants Have Nectar



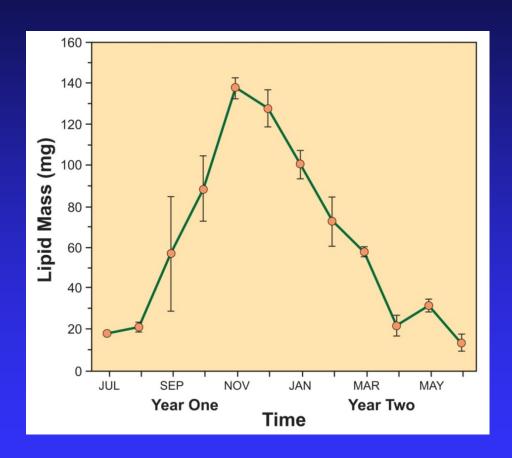
California poppy has no nectar

**Pollen:** small powdery particles produced by anthers (male flower organs) that is carried by pollinators to fertilize the female flower organs and produce seeds. Pollen provides vital protein and fats; honey bees use it to make bee bread.

**Nectar:** sugary substance, produced by **some** plants to attract pollinators (bees, butterflies and hummingbirds). Sugar is metabolized for energy or stored as fats.

### Nectar is Stored as Fats in Monarch Butterflies





Nectaring in Late Summer & Fall Builds Up Fat Reserves for Migration & Overwintering

#### Food: Host Plants

Monarch caterpillars eat only milkweed leaves





Western tiger swallowtail hosts belong to 8 different genera: willows, cottonwoods, birch, maple, alder and others

#### 2. Shelter: Woody Shrubs & Trees



Monarch butterflies need places to rest at night and during inclement weather

The flower of some woody shrubs, such as mock orange, are also good sources of nectar



Photo: Tanya Harvey

### 3. Water: Moisture & Minerals

"Puddling" provides much needed sodium





Monarchs drinking at overwintering site in Mexico

Photo: Dennis Curtin

Even in nursery pots

Photo: Suzie Savoie



#### for Monarch Waystations

#### Plant Palette for Monarch Waystations

#### **Milkweed for Caterpillars**



Narrowleaf Milkweed



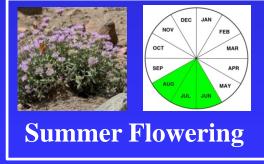
**Showy Milkweed** 



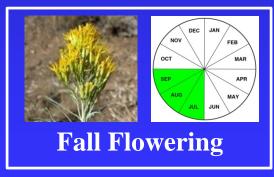
#### **Nectar Flowers for Butterflies**



Oregon grape

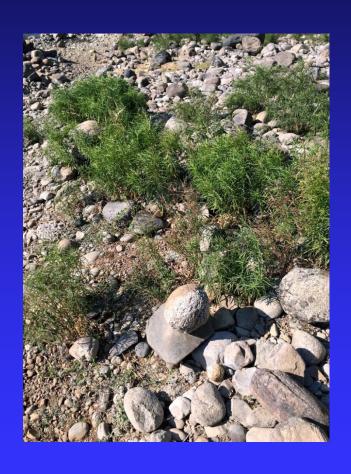


**Coyote mint** 



Rubber rabbitbrush

### Milkweeds are Perennial Forbs



ASFA on Spokane River



- Milkweed Prefer sunny locations
- Grows on manydifferent soil types
- Some species spreadby rhizomes

## 14 Native Milkweeds in the Great Basin

"Narrowleaf and Showy Milkweed Are Most Suitable for Restoration Projects"







Great Basin Pollinator Plants

### Native Milkweeds (Asclepias spp.)







October 2012

The Xerces Society for Invertebrate Conservation

www.xerces.org

### Native Milkweed Species

Narrowleaf milkweed

(Asclepias fascicularis)

**ASFA** 

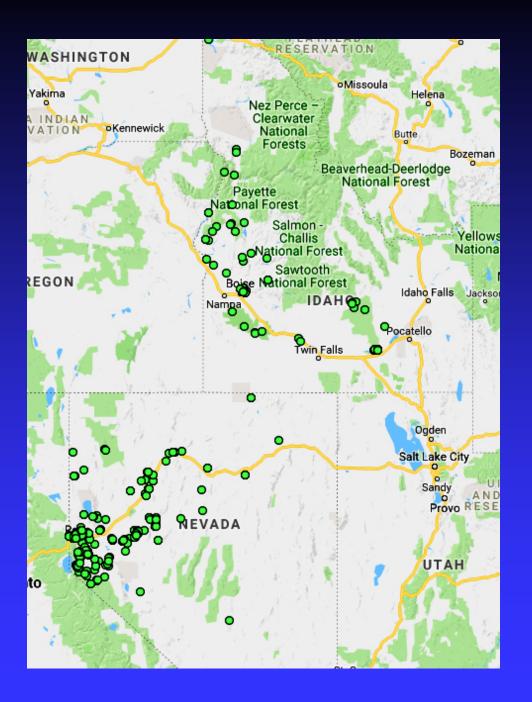


Moderately Rhizomatous



In My Waystation, Monarch Females Prefer ASFA for Laying Eggs

Confirmed Locations of Narrowleaf Milkweed in Idaho & Nevada



### Native Milkweed Species

Showy milkweed, (Asclepias speciosa)

**ASSP** 

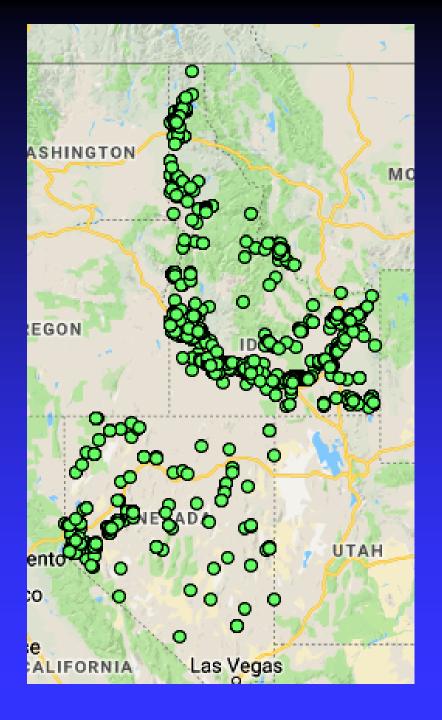


Highly Rhizomatous

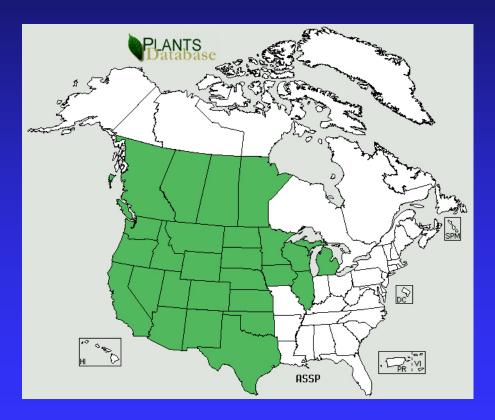


Large leaves of ASSP are Better for Feeding Late Instar Caterpillars

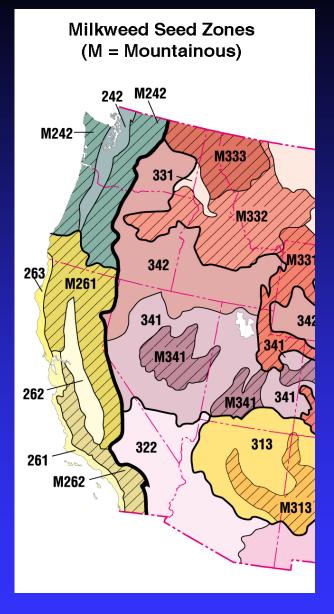
Confirmed Locations of Showy Milkweed in Idaho & Nevada



### Use Source-Identified, Locally-Adapted Seeds



Range of Showy Milkweed



Source: Monarch Watch

### Collecting & Cleaning Milkweed Seeds

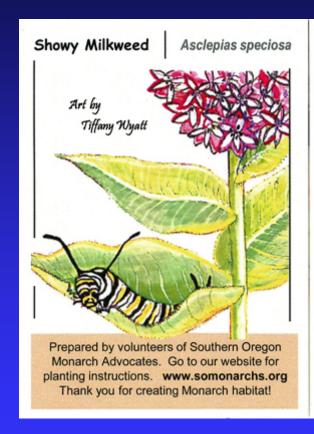


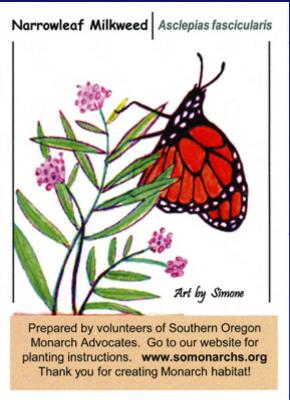
Wait until follicles (capsules) turn light brown and split open



Seeds can be shucked from the follicles

### Sources of Locally-Adapted Milkweed Seeds & Plants





Southern Oregon Monarch Advocates: somonarchs.org

#### What Makes a Good Nectar Plant?



Monarch nectaring on rubber rabbitbrush



Monarch nectaring on Agastache cultivar

No easy way to measure nectar production, so direct observation is all we can do

# Pollinator Value: Native Plants vs. Cultivated Varieties



Plant Species or Cultivar	Average Pollinator
	Visits
Echinacea purpurea – Wild	14.65
Collection	
E. purpurea cv. White Swan	5.96
E. purpurea cv. Sunrise Big Sky	2.44
E. purpurea cv. Pink Double Delight	1.77

https://pollinatorgardens.org/2013/02/08/my-research/

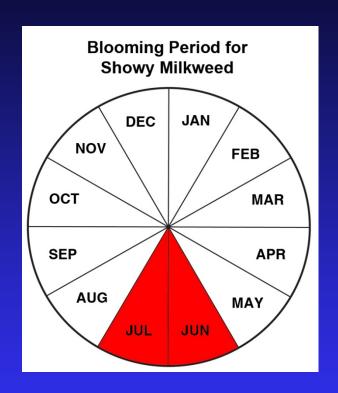
### Milkweeds Are Exceptional Nectar Plants

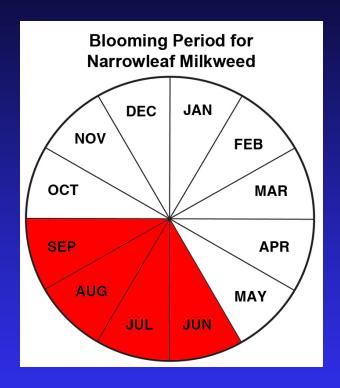




In a recent evaluation of 43 species of native flowering perennials, showy milkweed attracted the highest number of beneficial insects – *David James*, *WSU* 

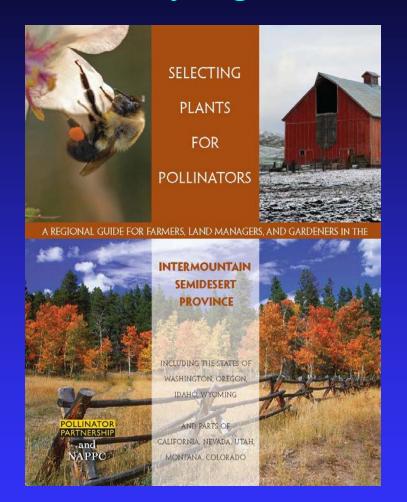
#### Just Planting Milkweed is Not Enough

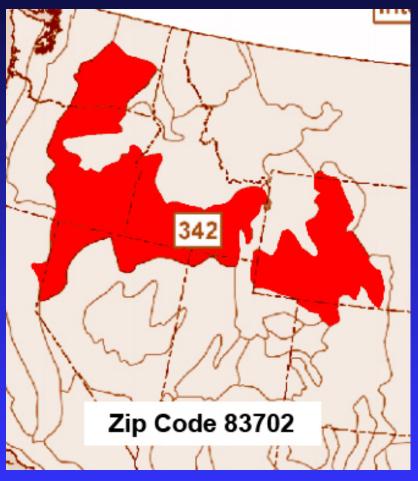




- ✓ Milkweed does not flower early or late in the season
- ✓ Late flowering plants are particularly critical necessary for migrating monarchs

#### Identifying Local Native Nectar Plants

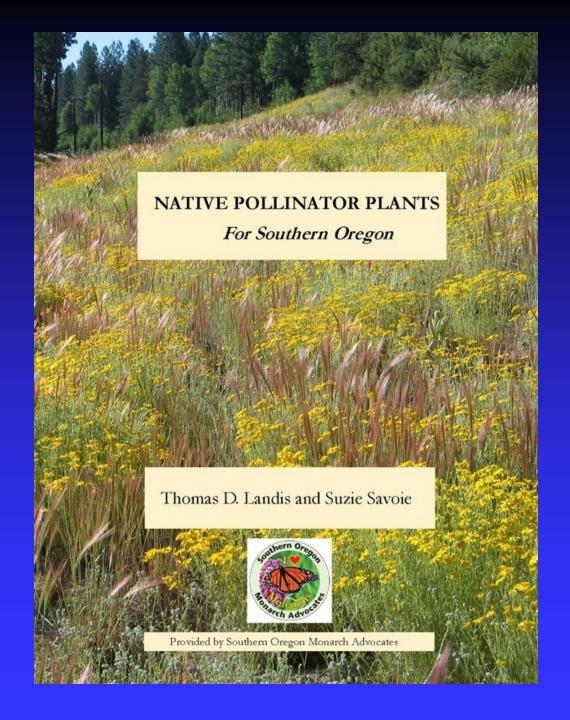




http://www.pollinator.org/guides.htm

## Pollinator Plants for Oregon

- For Sale
  through
  SOMA \$15
- PDF File isAvailable forDownloading



## Using native plants to create pollinator habitat in southwest Oregon: lessons learned

Thomas D Landis and Suzie Savoie



Creating pollinator habitat works: Monarch caterpillars were found 5 mo after native milkweeds were planted at this monarch waystation at Coyote Trails Nature Center in Medford, Oregon. Photo by Robert Coffan.

**Native Plants Journal 19(1) – Spring, 2018** 

### 1. Favor Perennial Plants over Annuals

Perennial Meadows Produced 20X More Nectar & 6X More Pollen than Annuals (Hicks & Others 2016)



Annuals Can
Become Weedy
Under Garden
Conditions:
Chick lupine &
Winecup Clarkia

## 2. Include Early-blooming & Late-Blooming Species

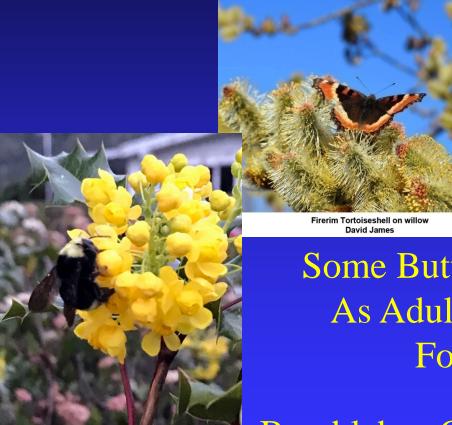






Late: Rubber Rabbitbrush

#### Importance of Early Blooming Nectar Plants



**Bumblebee on Oregon Grape** Angela Street





Mourning Cloak Butterfly Laying Eggs

Some Butterflies Overwinter As Adults & Need Early **Food Sources** 

Bumblebee Queens Need Nectar & Pollen After Overwintering

### Combo Plants: Nectar Plants That are Also Host Plants

Oceanspray, *Holodiscus discolor* is a host plant for four different species of butterflies





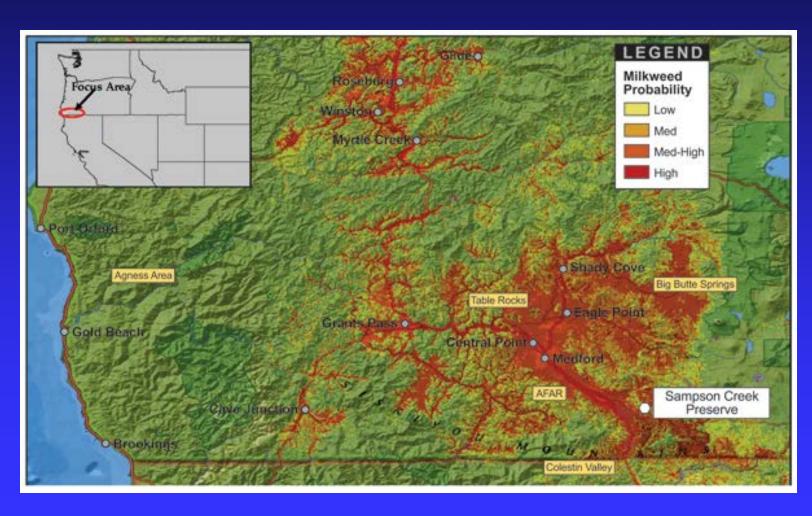
Anicia checkerspot butterfly

Behrs hairstreak butterfly



Ceanothus species are host plants for pale swallowtail, echo blue, buckeyes, spring azure, brown elfin and CA tortoise shell butterfly larvae

## Testing the Target Plant Concept: SW Oregon Monarch Habitat Restoration Initiative



## Milkweed Target Plants for Monarch Waystations



Spot Seeding Instead of Broadcast Seeding

Direct Seeded Plants
Did Not Survive
Dry Summers

## Target Plants for Monarch Waystations



Outplanting
Milkweed
Rhizomes in Fall

Sprouted, But Did Not Survive the Summer



### Target Plants for Monarch Waystations: Nursery Stock



Nursery XXX
ASFA Seedling
After Overwintering



USFS Nursery ASFA Seedling At 9 Months

What Can
We Do to
Help
Pollinators?



Monarch waystations are something positive that we can do individually & collectively

### Monarch Waystations: The People Factor



Photo: Jen Jones



Photo: Katie Hone



"Could this be the caterpillar of a monarch butterfly?





Thomas D. "Tom" Landis
Native Plant
Nursery Consulting
E-mail: tdlandis@aol.com

Southern Oregon Monarch Advocates (SOMA) http://www.somonarchs.org/